

## Buying A Helmet

You can find one at any discount store...  
Starting as low as \$10.00.

Many stores sell combination packages including both Helmets and Pads



What's wrong with this picture?

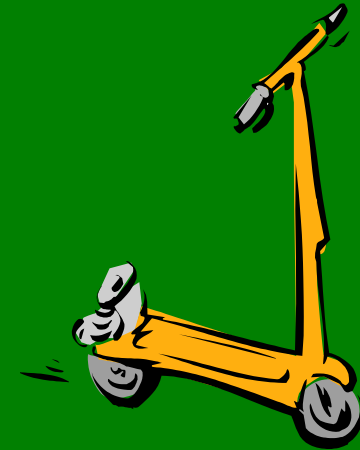


## Quick Safety Checklist

*Anytime you get on a scooter, you should:*

- wear a helmet that has the CPSC label inside
- use knee and elbow pads
- ride only in daylight
- avoid riding on the street
- stay away from sand, gravel, water, and dirt
- check to make sure that the handle bars and steering column are firmly locked in place and that all nuts and bolts are tightly secured

## Scooter Safety



Injury Prevention Center  
and  
The RI Chapter of The American  
College of Emergency Physicians

For more info:  
Injury Prevention Center  
Rhode Island Hospital  
Department of Emergency Medicine  
593 Eddy Street  
Providence, RI 02903  
Phone: (401) 444-2685

Consumer Product Safety Commission  
Phone: 1(800) 638-2772  
Website: [www.cpsc.gov](http://www.cpsc.gov)

Funded by:

 American College of  
Emergency Physicians®

## Scooter Facts

- ◆ Last year alone, there were tens of thousands of scooter injuries treated in emergency departments.
- ◆ There have been deaths of both children and adults while riding scooters.
- ◆ Almost 90% of the injuries treated in emergency rooms were to children under the age of fifteen. About 25% were to children under the age of eight.
- ◆ The Consumer Product Safety Commission (CPSC) estimates that more than half of all scooter injuries could have been prevented or less serious if helmets, knee pads and elbow pads had been worn.
- ◆ Helmets should be worn by: bicycle riders, skateboarders, roller skaters, inline skaters, and scooter riders



### Myth

A scooter is a great gift idea for your five-year old.

### Fact

**Children younger than eight years-old should not be riding scooters without close adult supervision.**

### Myth

Handlebars make scooters easy to control.

### Fact

**Handlebars often give riders a false sense of security. In fact, It can be very difficult to steer a scooter away from danger.**

### Myth

Scooter injuries are bound to Happen and cannot be prevented.

### Fact

**More than 60% of injuries could be prevented or less severe if every scooter rider wore protective gear.**

### Myth

It is safe for two people to ride on the same scooter.

### Fact

**“Doubling” up while riding a scooter is very dangerous and may result in serious injury.**

### Myth

Low-friction wheels make scooters perfect for riding down steep hills.

### Fact

**It is easy to lose control of your scooter when riding downhill. Always step off and walk the scooter down instead.**

## Make Sure That Your Helmet Fits...

### DO

- ◆ Wear the helmet *flat* on top of your head. Make sure it is not tilted at an angle.
- ◆ Make sure that the helmet does not block your view of what’s around you.
- ◆ Always pull the chinstrap so that it fits you snugly. Test the buckle by pulling on it and making sure that it stays fastened.

### DON'T

- ◆ Don’t let the helmet tilt to one side.
- ◆ Don’t let the helmet slide from front to back.
- ◆ Don’t let the helmet slide from side to side.

### REMEMBER

**Be sure that the helmet is certified by the Consumer Products Safety Commission. There should be a CPSC label inside.**